

Asbury Park Middle School May 2018

EVERYDAY CHOICES

*Assorted Cold Sandwiches and Salads
1 % Milk and Fat Free Chocolate Milk*

<p>Daily Thrive Garden Bar Monday: Baby Carrots Tuesday: Chilled Corn Wednesday: Chopped Salad Thursday: Chick Peas Friday: Celery Sticks</p>	<p>1 Chicken in a Basket w/ Biscuit Potato Wedges</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>2 Macaroni & Cheese w/ Breadstick Sauteed Spinach</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>3 Beef Enchilada Black Beans</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>4 Chicken Tenders w/ Dinner Roll Steamed Green Beans</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>
<p>7 French Toast Sticks w/ Turkey Sausage Cinnamon Sweet Potatoes</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>8 Nacho Bar Black Beans</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>9 Pasta w/ Meatsauce w/ Breadstick Broccoli Bites</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>10 Open Faced Turkey Sandwich Glazed Carrots</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>11 Cheese Steak Sandwich Celery Sticks</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>
<p>14 Quesadilla Bar Cross Trax Sweet Potato Fries</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>15 Crispy Chicken Bowl w/ Roll Mashed Potatoes</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>16 Pasta w/ Meatsauce w/ Breadstick Roasted Vegetables</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>17 Jumbo Popcorn Chicken w/ Breadstick & Dipping Sauce Vegetarian Refried Beans</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>18 Fishwich Sandwich Steamed Green Beans</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>
<p>21 Sloppy Joe Sandwich Glazed Carrots</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>22 Chicken Tenders w/ Breadstick Smile Fries</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>23 Twin Hot Dog Bar Steamed Broccoli</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>24 Chicken & Waffles Three Bean Salad</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>25 Chicken Fajitas Green Pepper Strips</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>
<p>28 Pancake Griddle Sandwich Sweet Potato Bites</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>29 Poppin' Popcorn Chicken w/ Dinner Roll Baked French Fries</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>30 Pasta w/ Meatsauce w/ Breadstick Broccoli Bites</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>31 Crispy Chicken Fajita Tacos w/ Rice Vegetarian Refried Beans</p> <p>Romaine Tossed Salad Fresh Fruit & Fruit Cup</p>	<p>Milk offered daily with lunch: Low-Fat White and Fat-Free Chocolate</p> <p>Menu Subject to Change</p>

EVERYDAY CHOICES

Chicken Patty, Spicy Chicken Patty,
Cheesy Chicken burgers,
Chicken Burger & Daily Specials

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

EVERYDAY CHOICES

Cheese, Pepperoni & Daily Special Pizzas.

All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.