

Asbury Park Middle School June 2017

EVERYDAY CHOICES

*Assorted Cold Sandwiches and Salads
1 % Milk and Fat Free Chocolate Milk*

			1 Chicken Nuggets w/ Dinner Roll Golden Corn Romaine Tossed Salad Assorted Fruits & Vegetables	2 Grilled Cheese Sandwich Steamed Green Beans Romaine Tossed Salad Fresh Fruit & Fruit Cup
5 Pancakes w/ Turkey Sausage Patty Slim Stix Sweet Potato Fries Romaine Tossed Salad Fresh Fruit & Fruit Cup	6 Delayed Opening Popcorn Chicken w/ Dinner Roll Baked French Fries Romaine Tossed Salad Fresh Fruit & Fruit Cup	7 Baked Mac & Cheese w/ Dinner Roll Steamed Broccoli Romaine Tossed Salad Assorted Fruits & Vegetables	8 Chicken Fajita Tacos Golden Corn Romaine Tossed Salad Assorted Fruits & Vegetables	9 Nacho Fish Sticks w/ Tortilla Chips Celery Sticks Romaine Tossed Salad Fresh Fruit & Fruit Cup
12 ½ Day Mozzarella Sticks w/ Marinara Sauce Carrots Romaine Tossed Salad Fresh Fruit & Fruit Cup	13 ½ Day Chicken Nuggets w/ Dinner Roll Green Beans Romaine Tossed Salad Assorted Fruits & Vegetables	14 ½ Day French Bread Pizza Romaine Tossed Salad Fresh Fruit & Fruit Cup	15 ½ Day Assorted Cold Sandwiches Three Beans Salad Romaine Tossed Salad Fresh Fruit & Fruit Cup	16 ½ Day Assorted Cold Sandwiches Celery Sticks Romaine Tossed Salad Fresh Fruit & Fruit Cup
19 ½ Day Assorted Cold Sandwiches Chilled Corn Romaine Tossed Salad Fresh Fruit & Fruit Cup	20 ½ Day Assorted Cold Sandwiches Baby Carrots Romaine Tossed Salad Fresh Fruit & Fruit Cup	21	22	23
			Milk offered daily with lunch: Low-Fat White and Fat-Free Chocolate Menu Subject to Change	Daily Thrive Garden Bar Monday: Baby Carrots Tuesday: Chilled Corn Wednesday: Chopped Salad Thursday: Chick Peas Friday: Celery Sticks

EVERYDAY CHOICES

Chicken Patty, Spicy Chicken Patty,
Cheesy Chicken burgers, Chicken
Burger & Daily Specials

To file a complaint of discrimination, write U.S. Department of Agriculture, Director,
Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue,
SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice)
or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

EVERYDAY CHOICES

Cheese, Pepperoni & Daily Special Pizzas.

All pizzas feature low fat cheese, low sodium sauce, & whole grain crusts.